



FRONT LINE WORKSHOP

UNIFORM SEXUAL TRAUMA FIRST AID AND INTERVENTION COURSE



The **Front Line Workshop** is a proven, survivor-borne training solution to help combat sexual misconduct and aid in culture change for the **Canadian Armed Forces**, key stakeholders and other uniformed services. **Survivor Perspectives Consulting Group** offers a unique program featuring the survivor perspective in a professionally curated, day-long workshop designed to engage the audience to help foster change from the senior levels of leadership right to new recruits fresh off basic training. Together we can help create a better environment to get the job done.

The 2018 Statscan survey found that **70%** of **Canadian Armed Forces** members have witnessed or been subject to **sexual misconduct** while in uniform. The problems within the military are becoming a matter of national security, as we continue to fail at force protection.



"I believe there is value of Survivor-centric, trauma-informed training delivery. I believe that it would best be delivered to all, at various periods throughout a career. Common to all at the start, then with periodic updates linked to career progression courses, or alternatively after a certain number of years as a refresher"

- 2021 Course Participant

What is the one thing missing from every conversation around traditional sexual assault prevention efforts? **The Survivor Perspective.**

SPCG can offer tools and techniques on how to support victims and survivors so we can minimize long term mental health injury. Survivors may return to service to achieve their goals and dreams within the CAF or other Uniformed Services.



"I feel better prepared and capable to intervene, if needed. Great course! Highly recommend to anyone. It provided me another skill set that I can apply to my job but more important it is bringing a subject into the light that is causing an open discussion and giving insight to others' views and experiences."

- 2021 Course Participant

We can also demonstrate how to better find and intervene earlier on the spectrum, minimizing the culture that supports and allows predators to wear the authority of a uniform and infiltrate the CAF.

We can assist in **sustainable cultural change** through education and understanding, using the voices and words of survivors. **Together** we can fight this problem, empowered and ready, and for those we serve with and those who are following us.

GET IN TOUCH



Donna Riguidel (Major)

Program Creator, Co-Founder, Master Trainer

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WHO WE ARE

Survivor Perspectives Consulting Group is a service provider of professionally coordinated **Uniform Sexual Trauma Survivor Perspectives**, Training and Solutions across Canada.

Survivor Perspectives Consulting Group (SPCG) was founded by a group of **Canadian Armed Forces Veterans and Serving Members** united by the common thread of being experts in **Military Sexual Trauma (MST)** through lived experience.

Starting as a small peer support, volunteer group, **SPCG** evolved as a way to help alleviate the current sexual misconduct crisis in the **Canadian Armed Forces**. Combining our unique abilities and strengths, we are bringing solutions that get to the root of the systemic issues within the **Canadian Armed Forces** and other uniformed services. We can help enact change.



CREATIVE IDEAS

Delivering a workshop on **Culture Change** is a daunting task, but we have looked back on our previous experience as **Military Sexual Assault Survivors** and found a way to continue to serve our Country by delivering these important messages.



"If you take a course and it goes in one ear and out the other and it's just a check in the box that you never reference again, did you change the culture? But this course is different, people are engaged and go back to their units and keep talking about it and applying what they learned to all the situations people have experienced before. People are learning and that's how culture change happens."

- 2021 Course Participant



SURVIVOR PERSPECTIVES

No other available workshop on **Culture Change** and uniformed sexual trauma first aid and intervention currently offers survivors as facilitators and course peer support. All facilitators are professionally trained and vetted. This gives survivors a way to continue to serve and give back in a healthy way. As a **grassroots initiative**, SPCG can offer a professional workshop from the **Survivor Perspective**.



ONE-DAY WORKSHOP

Sexual trauma and intervention is a very tough and emotionally draining subject matter. We offer a **one day workshop** as a stand alone program or as part of a multi-day conference at your convenience. **Peer support** is included in these workshops.

BOOK A WORKSHOP

Initially, the **Front Line Workshop** was a volunteer initiative based on the course author's availability while finishing service in the CAF. Over 1000 course participants have been trained in this short time since June 2021.

As demand increases, it will be necessary to discuss booking options with your Commanding Officer or Chain of Command to facilitate a workshop in your area. **Contact us** to discuss your needs.

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